





# OCTOBER 2020 USD 466 BREAKFAST MENU GRAB & GO



Mon	Tue	Wed	Thu	Fri
<b>HIGH SCHOOL STUDENTS HAVE A CHOICE OF UNCRUSTABLE, HOT ITEM OR MAIN ITEM DAILY</b>	<ul style="list-style-type: none"> <li>•Menus are subject to change</li> <li>•This institute is an equal opportunity provider</li> </ul>		1 Uncrustables Banana Fruit Juice Milk Granola Bar HS 	2 Graham Cracker Snacks Sunflower Seeds (HS) Baby Carrots Fruit Juice & Milk
5 Rice Krispy Treats Raisins Fruit Juice Milk	6 Mini Banana Bread Dried Fruit Sunflower Seeds (HS) Fruit Juice & Milk	7 Blueberry Muffin Banana Fruit Juice Milk	8 Cheese It's Craisins Fruit Juice Milk	9 Mini Donuts Apples Fruit Juice Milk
12 	13 Gold Fish Crackers Craisins Fruit Juice Milk Sunflower Seeds (HS)	14 Go-Gurt Granola Bar Apple Slices Fruit Juice Milk	15 (PBJ)-H.S & M.S Fresh Fruit Fruit Juice & Milk Strawberry Pastry HS & Elementary	16 Chocolate Mini Donuts Banana Fruit Juice Milk
19 Strawberry Delight Pastry Dried Fruit Fruit Juice Milk	20 Chocolate Muffin Raisins Fruit Juice Milk Sunflower Seeds (HS)	21 Cheese-Its Baby Carrots Fruit Juice Milk	22 Mini Banana Bread String Cheese Fresh Apple Fruit Juice Milk	23 Mini Pancakes Banana Fruit Juice Milk
26 Chocolate Mini Donuts Craisins Fruit Juice Milk	27 Breakfast Round Apple Slices Fruit Juice Milk	28 Cereal Bars Dried Fruit Fruit Juice Milk	29 (PBJ)—H.S & M.S Banana Fruit Juice & Milk Pop Tart—HS & Elem	30 